



Marine Corps League
South St. Louis Detachment 183

The Scoop June 2018



Commandant's Corner: James Appelbaum



I hope all are well as we enter these warmer, summer months.

I would like to take this time to humbly ask for your patience and support and also your guidance!

I look forward to the year ahead and with your help, along with our Staff I know it will be a very successful year.

As your new Commandant, there here is a learning curve. Please bear with me as we start this new venture together.

A special thanks to our Ladies Auxiliary for their dedication and the tremendous support they provide in keeping our Detachment the best in the State.

Chaplain's Desk: Ken Dieckmann

Prepared by a committee of five, with Thomas Jefferson as its principal author, Congress debated and revised the wording of the Declaration, finally approving it two days later, July 4th. A day earlier, John Adams had written to his wife Abigail: "The second day of July, 1776, will be the most memorable epoch in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God almighty. It ought to be solemnized with pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations, from one end of this continent to the other, from this time forward forever more."

As I gather my thoughts on our celebration of the 4th of July I must also remember the gifts from God as our forefathers also recognized our nation. We rejoice in the favors God has graciously given us. We are blessed by liberty for our generation and those in the future. We thank Lord God for peace for all who have bravely given their lives for our freedom. Please forgive us our sins as a nation.

Lord God make us a generous people, a holy country. For the sake of the land of the brave and free as the people who love God.

Each day our land needs Your guidance. Our people and our businesses need You. Please breathe life into our nation, may justice flow like the river Mississippi with righteousness like a never-failing stream.

We adore Jesus who lives and reigns in all of us thru the Holy Spirit, one God for all. Now and for all eternity. Amen

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**LADIES
AUXILIARY
MISSION:**
The Marine
Corps Auxiliary
was formed for
the purposes of
promoting the
interests of the
Marine Corps,
the Marine
Corps League
and to protect
and advance the
welfare of
Marines and
their
dependents.
Auxiliary
members
participate in a
wide variety of
programs that
benefit and
preserve the
fundamental
rights and
freedoms of
every person of
this Nation,
young and old.

Ladies Auxiliary: Carol McCarthy

The World is Changed by your Example, NOT your Opinion.

Summer is a great time to slow down and spend time with family. It is not a case of family values. It's really a case of valuing your family. Family looks after each other. You take aging parents into your home and tenderly care for them. Children respect their parents and revere their grandparents. If adversity strikes, we are always there for each other... because that's what family is for. Slow down and enjoy the journey right now. Take time for the people in your life. They won't always be there.

Happy Father's Day ♡ When I first learned about GOD, it wasn't hard to accept Him as a Loving Father. My dad had already given me a glimpse of Him. Fathers are irreplaceable. It is the most important job they will ever have. To model for their sons, how to be a man. How to be a devoted loving husband and father. To model for their daughters the kind of man they should fall in love with and marry. Thank you for preparing your children for the world.

Thank you, Marine Jon Rode with Grey Eagle Distributors, for donating Beer for our Night At The Races event! Your generosity is appreciated.

To our Auxiliary Members who are experiencing health challenges yourselves and those of you caring for your Soul Mates and family members, know you are always in our thoughts and prayers. If we can be of some help, please let us know what we can do for you.

Saturday, May 12 our Auxiliary held a Marine Rose Day at Sam's Club in South County. We collected money for Honor Flight. We meet the nicest people when we do this. We also get to hear some great stories from Veterans who stop to donate. We have so many wonderful Veterans in St. Louis that are generous and open to sharing their experiences. Thank you to Chris and Al Dreste, Mary Lynn and Bob Jost, Sharon Easter, and Carole and Ed Lyston for generously giving their time to help all our Veterans have the opportunity to go on the Honor Flight.

Tuesday, June 5 our Auxiliary hosted a Traditional St. Louis Bar BQ for our Veterans with Spinal Cord Injuries. We had another Record Number of Veterans attend. It is good to know so many of our Veterans are getting the care they need. Our Auxiliary does a great job. They prepare, serve and dine with our Veterans. They are friendly, compassionate, thoughtful and supportive of all the patients. Thank you, Gladys Cunningham, Sharon Easter, Betty Frazier, Carol Holmes, Mary Lynn Jost, Carole Lyston, and Edna Washington for being so generous and selfless. Thank you BOB JOST for being our KING OF THE GRILL! Thank you, BILL FRAZIER for delivering meals to the rooms of our Veterans who were confined to their beds! Thank you, Hal Holmes and Ed Lyston for supporting our Auxiliary and being supportive of our Injured Veterans! Our Auxiliary appreciates how helpful and caring these four Marines are!!!

Dept. of MO MCL Annual Convention was held June 8, 9, 10 in Cape Girardeau, MO. Our Carol Holmes completed 2 yrs. of service as Department President. She did a GREAT JOB! Sharon Easter having completed her term in the office of Jr. Vice President has stepped up to the office of Department President. Carole Lyston will be serving as Judge Advocate as well as Girl Scout Chairman. (cont. page 3)



FOOD PANTRY SPECIAL

Donate a jar of Peanut Butter or a Jar of Jelly
and receive



\$1.00 off the dinner price of \$7.00 or receive a free draft beer or soft drink.

Ladies Auxiliary (cont. from page 2)

Carole Lyston also received the award for MOST OUTSTANDING AUXILIARY MEMBER of the STATE OF MO! Our Auxiliary is the strongest and best Auxiliary in the State. We have always been blessed with great leadership. All our Auxiliary Members are team players. We support each other in our endeavors. We do not compete with each other, because we are all on the same team. We hope our devotion to our Auxiliary, our Veterans, and their families shines through in everything we do.

On Friday, July 13 our Auxiliary is having a GIRLS WEEKEND at Tom & Carol McCarthy's home on the Lake of the Ozarks. It will be so much FUN! On Saturday,

July 21 Tom & Carol McCarthy are hosting a Bar B Q for our Auxiliary and the Auxiliary 's of Pvt. George Phillips and St. Charles at their home in Whitmoor.

Our next Auxiliary Meeting will be Tuesday, July 10 at 6:00PM. We welcome all ladies into our FUN GROUP!

June Dinner

Meals by the Ladies Auxiliary. Cost \$7.00 The dinner bell Rings at 1800 hrs.
Baked Ziti in a Red Sauce, Pasta in a Cream Sauce, Garden Salad, Garlic Bread, Pies and Cake

Ships Store: Russ Hitzemann—Quartermaster

Looking for any Corps items you may be missing? Looking for Hats, Shirts, Belts, Buckles, Chevrons, EGA Emblems, MCL Red Cover? See the Quartermaster during our monthly meetings. Prices are marked on all items in the ships store display case.

**Special on TEE Shirts.
Missouri Marine Corps League.**

Back MCL and Arch, Left Sleeve USMC Centered, Front EGA Logo over left breast.



**Regular cost \$20.00.
Sale Price:**

2 for \$20.00 Single Price is \$12.00

August 16th

Cards vs Washington Nationals

Game time 6:15

Seating areas sec.

172 - 228 - 265 - and LP

(lower pavilion).

cost - \$20.00 per person

**We will meet at Gate 1 and proceed to the
Center Field Terrace**

**We will hold the large American Flag during
the National Anthem**

See Sr. Vice (Ed Dodson) for tickets



This Month in Marine Corps History



2 June 1918: At dawn on this date, the crack German 28th Division attacked along the axis of the Paris-Metz road hitting the American 2d Division, including the 4th Marine Brigade. The Marines opened with deadly rifle fire and helped hand the German troops a setback. This set the stage for Marine victory at Belleau Wood which would soon follow.

10 June 1898: The First Marine Battalion, commanded by LtCol Robert W. Huntington, landed on the eastern side of Guantanamo Bay, Cuba. The next day, Lt Herbert L. Draper hoisted the American flag at Camp McCalla where it flew the next eleven days. LtCol Huntington later sent the flag with an accompanying letter to Commandant Charles Heywood noting that "when bullets were flying, ...the sight of the flag upon the midnight sky has thrilled our hearts."

12 June 1961: President John F. Kennedy signed a Proclamation calling for the American flag to be flown at the Marine Corps War Memorial in Arlington, Virginia, "at all times during the day and night." Discussions between the Attorney General's office and Marine Corps officials earlier in 1961 on improving the visibility and appearance of the monument led to the proposal to fly the Flag continuously, which by law could only be done by Congressional legislation or by Presidential proclamation.

15 June 1944: With naval gunfire and carrier air strikes, the V Amphib Corps attacked the west coast of Saipan, Marianas Islands. The 2d and 4th Marine Divisions, moving against heavy opposition, established a beachhead 10,000 yds wide and 1,500 yds deep.

25 June 1950: Shortly before dawn, eight divisions of the North Korean People's Army crossed the 38th Parallel and invaded the Republic of Korea. Within three days, the South Korean capital city of Seoul had been captured. On 30 June, President Harry S. Truman ordered a naval blockade of the Korean coast and authorized the sending of U.S. ground troops to Korea. Two days later, General Douglas MacArthur, the Commander in Chief Far East, formally requested that a Marine regimental combat team be deployed to the Far East

25 June 1966: In Vietnam, Operation Jay began about 30 kilometers northwest of Hue, and lasted nine days. The 2d Battalion, 4th Marines landed north of the North Vietnamese 812th Main Force Battalion, and the 2d Battalion, 1st Marines landed south of the enemy's position. Caught in between the two Marine units, the enemy suffered over 80 dead in nine days of fighting.

26 June 1918: BGen James G. Harbord, of the 4th Marine Brigade, notified American Expeditionary Force Headquarters that Belleau Wood was "now U.S. Marine Corps entirely." 20 days of combat, and at a cost of over 4,000 casualties, the 4th Brigade of Marines proved its fighting heart.

Honors and Color Guard:



**April 2018—22 Honors
8,529 Honors Total**

We need members for the Honor Guard.
And Color Guard
Honor Guard — Ed Dodson 314-604-6254
Color Guard — Mike Lee 314-616-3726

Upcoming Events

- 4 July** — Webster Groves Parade
- 28 July** — Detachment Picnic Sunset Hills Parks
- 12-18** — August Nat'l Convention Buffalo, NY
- 16 August** — Flag Ceremony at Busch
- 17 September** — 12th Annual Red Cross Blood Drive sponsored by our Ladies Auxiliary
- 22 September** — Trivia Night
- 27 October** — Halloween Party
- 10 November** — Marine Corps Birthday Ball
- 23-24 November** — Toys For Tots Collections
- 1 December** — Toys For Tots Collections
- 2 December** — Christmas Party

**Webster Groves Parade
4 July 2018**

MCL 183 will again lead the 4 July parade in Webster Groves.

We have been the lead color guard at this event for the past 10 years.

We need volunteers to march. We have provisions for 4 vehicles and up to 40 marchers.

Please see Color Guard Commander Mike Lee (314) 616-3726 to be included.



**"Three
Spent Shells,
One for Country,
One for Duty,
One for Honor."**

**Presented to the
Deceased's next
of kin.**



DETACHMENT PICNIC
SATURDAY, JULY 28
SUNSET HILLS PARK — PAVILION B
11:30 'TIL 16:30



**Bring your Family,
a side dish or desert,
and your drinks.
FUN, GAMES &
ATTENDANCE PRIZES**

RSVP: Ed Dodson 314-604-6254
Carol McCarthy 636-246-0270





Corpsman:

Hospital Corpsmen (HM) perform duties as assistants in the prevention and treatment of disease and injury and assist health care professionals in providing medical care to Navy people and their families. They may function as clinical or specialty technicians, medical administrative personnel and health care providers at medical treatment facilities. They also serve as battlefield corpsmen with the Marine Corps, rendering emergency medical treatment to include initial treatment in a combat environment.

FOR YOUR HEALTH: Karen Bolhuis MSN, RN, FNP-BC (HM3, USN)

What Is Skin Cancer?

Any cells that reproduce rapidly are at high risk of becoming cancerous, because every time they reproduce their DNA has to replicate. Anything that can potentially cause damage to that DNA increases the risk of abnormalities. Skin cells fit this description, and the main thing that can damage the DNA is sunlight. That is the single greatest risk factor for any type of skin cancer. Besides prevention, early detection is key to reducing long term risks from the various types of skin cancers.

Actinic keratosis is actually a precancerous lesion on sun exposed areas like the face, (bald) scalp, ears neck, back hands and forearms. They are dry and scaly and feel like sandpaper. About 10% of these will develop into squamous cell cancers. Since there is no way to know specifically which ones will progress, all should be treated. There are several very effective treatment options for these, from topical medications to surgery, so all should be evaluated by a dermatologist.



Moles generally develop before the early 20's. They are usually round and symmetrical, may be raised or flat. They key is that they don't change. Moles will not grow, shouldn't bleed or ooze, and they should not be itchy or painful. Anytime there are changes in a mole that has been present for a long time, it needs to be evaluated, as should any new moles that appear after age 40. Moles are generally benign, but can become cancerous. This risk is higher in those that have many moles (over 10 moles= 12 x greater risk of developing melanoma) or a family history of skin cancer.



Basal cell carcinoma is the most common form of all cancers- skin and other. It generally appears like a non-healing sore, but can also be a red, pink or shiny patch in a sun exposed area. They tend to bleed, itch and possibly grow. The good news about BCC is that it is easy to treat if caught early, and they don't often spread or metastasize to other parts of the body. However, even if treated they tend to recur, so regular examination by a dermatologist is important.



Melanoma occurs because the DNA of melanin, or skin pigment cells, is damaged. This is one of the most dangerous kind of skin cancer because it spreads or metastasizes to other organs. If caught early it is very treatable, with surgery often combined with chemo, radiation or other treatments. Look for the ABCDEs of melanoma: **Asymmetrical**. **Borders** that are irregular/ not smooth. **Colors**- more than one, often a combination of tan, brown, black, red or blue. **Diameter** over 5mm, often growing, although may be diagnosed when smaller. **Evolving**- any change over time in size, shape, color, elevation or traits like itching or bleeding. Any skin lesion that changes should be evaluated.



Merkel Cell cancers are rare but fatal in 1 of 3 cases. Any rapidly growing, nontender bump especially on the face or neck (often on eyelids) needs to be evaluated quickly. Use AEIOU to screen for Merkel Cell cancers: **Asymptomatic** (painless). **Expanding** rapidly. **Immune** suppressed individual (most common). **Over** age 50. **Ultraviolet** exposure- lots of sun, often on fair skin.



Squamous cell cancers, like basal cell, don't metastasize often. But if left untreated, they can become fatal. These are often "ugly looking", appearing on the face, ear, lips, scalp or neck. They can look like open sores, warts or patches with a central depressed area. Often they will ooze or bleed. Fortunately they are easily treated with options from topical medications, to lasers and surgery.



We know what the cause of most skin cancers is- excessive sunlight exposure. Cumulative exposure over a long time, whether occupational or recreational, as well as short term, high intensity exposure (sunburns) lead to long term increased risk. Regular use of sunscreen- including reapplication every 2 hours while exposed- as well as wide brimmed hats, lightweight cover up clothing and avoiding sunlight (stay indoors or in the shade during peak sun times) will reduce risk. If you are fair skinned with light eyes and hair, or if you have a family history, see your doctor or a dermatologist annually for a skin checkup.



MCL 183

5700 Leona Avenue
St. Louis, MO 63116
(314)352-USMC

Monthly Meetings
Last Tuesday of the month 1900 Hrs
Dinner Bell 1800 Hrs

Commandant

James Appelbaum
(314) 757-5364

Senior Vice Commandant

Honors Commander
Ed Dodson
(314) 604-6254

Junior Vice Commandant

Eric Salabay

Paymaster

Dan Hanks
(314) 441-1806

Adjutant

Bob Cox

Chaplain

Ken Dieckmann
(314) 570-8211

Sergeant At Arms

Mike Venable
(314) 835-8554

Jr. Past Commandant

Bob Scannell
(314) 560-6791

Judge Advocate, Scoop Editor**Color Guard Commander**

Mike Lee
(314) 616-3726
Theeditor.mcl183@att.net

Advisers

- Hal Holmes
- Jim Grimm
- Kris 'Stel' Steller
- Russ Hitzemann

Auxiliary President

Carol McCarthy
(636) 244-0270

Quartermaster

Russ Hitzemann
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Marine of The Year:

2011 James Vance

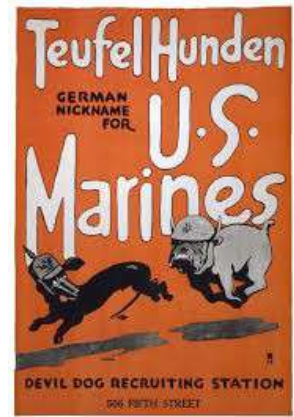
2013 Dick Sopp

2015 Bob Jost

2012 Dave Winkler

2014 Mike Lee

2016 Charles Dooling



Pound Keeper 66 Jim Appelbaum (R.) presents the award for
“Dog Of The Year” to
Ken McGuffey



MCL 183 Commandant Jim Appelbaum (L.) along with MCL 183 Chaplain Ken Dieckmann (R.) present an award to Dave Sinclair Buick—GMC, Tony Godfrey and Dan Sinclair (President) in appreciation for their support of Devil Dog Pound 66 Bar-B-Que on 19 May. This event benefits local children’s hospitals

Marine Corps League
South St. Louis Detachment 183
5700 Leona Street
St. Louis, MO 63116

Non-Profit Organization
U. S. Postage Paid
St. LOUIS, MO
PERMIT No. 1845

ADDRESS SERVICE REQUESTED

*Color Guard, Marchers, and Vehicles Needed
Webster Groves
4 July Parade*

Once A Marine, Always A Marine

MCL 183
South St. Louis Detachment

