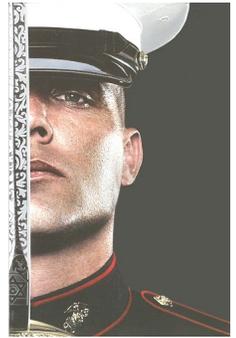




Marine Corps League  
South St. Louis Detachment 183

# The Scoop April 2020



Volume 6 Issue 4  
The Scoop

## Commandant's Corner: Ken McGuffey

Due to the Corona Virus, we have been unable to meet to resolve the issues of:

- Nominations for Officers for the year 2020 through April 2021.
- Elections of those Officers nominated.
- Installation of those Officers elected.



Per the instructions of the Commandant, MCL National, we conducted nominations, elections and installation of Officers during our online meeting 28 April.

### Officers Elected Are:

Commandant  
Sr. Vice Commandant  
Jr. Vice Commandant  
Judge Advocate

Ed Dodson  
Jim Appelbaum  
Steve Michalski  
Bob Bradley

### Staff Appointed:

Sgt At Arms  
Paymaster/Adjutant  
Advisers

Mike Lee  
Karen Bolhuis  
Russ Hitzemann      1 Year  
Hal Holmes            2 Year  
Al Drete                3 Year  
Russ Hitzemann

### Quartermaster

The new building is open for renovations from 0900-1230 hrs. We are practicing Social Distancing and are maintaining the maximum number of individuals to 10.

If you desire to help, contact the Commandant, Ed Dodson (314) 604-6254  
eddiedodson@sbcglobal.net

Due to the Corona Virus, our May meeting is undetermined unless limitations by local government are amended or lifted.

You will be notified by our "phonetree". We need you phone number and email to ensure that you are contacted. Send updates to mcl183@charter.net.

# THIS IS AN ABBREVIATED SCOOP





**LADIES  
AUXILIARY  
MISSION:**

The Marine Corps Auxiliary was formed for the purposes of promoting the interests of the Marine Corps, the Marine Corps League and to protect and advance the welfare of Marines and their dependents. Auxiliary members participate in a wide variety of programs that benefit and preserve the fundamental rights and freedoms of every person of this Nation, young and old.

## Building Committee: Ed Dodson

We closed on the Building on April 3<sup>rd</sup>; and took possession that day. The Seller could not continue with her business due to the Covid-19 crisis. So, we didn't get the \$5,000.00 from the rent credit as expected.

We received \$6,000.00 in lieu of the seller making the needed sewer repairs. Our final payment for the building was \$395,501.00. We are seeking bids to repair the sewer.

Several of our members have already begun work in moving items from storage and setting up the facility. If the quarantine is lifted in time, we will hold our first general membership meeting on 26 May.

## Chaplain's Desk: Ken Dieckmann

In the midst of this most difficult time, I wonder how future generations will see us? I would hope they'd understand the fear we faced as we battled against an unseen enemy, the coronavirus.

The news today is flooded with heart-wrenching stories, fearful warnings and horrific statistics. I would ask that you turn your thoughts to the heroes of these stories: the medical professionals, hospital staff and first responders and the military. Be mindful of the postal workers, the grocers and the truckers, food workers and all who literally put their lives on the line to heal, protect and provide for what we need to survive this pandemic. We live in a country made up of selfless individuals who live by the words spoken many years ago. "Ask not what your country can do for you, but rather what can you do for your country?"

Pray for these heroes. Pray for our governing officials. Pray for wisdom and mercy.

"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

2 Chronicles 7:14 NIV

**Dinners Suspended  
Until Meetings Resume**



**Corpsman:**

Hospital Corpsmen (HM) perform duties as assistants in the prevention and treatment of disease and injury and assist health care professionals in providing medical care to Navy people and their families. They may function as clinical or specialty technicians, medical administrative personnel and health care providers at medical treatment facilities. They also serve as battlefield corpsmen with the Marine Corps, rendering emergency medical treatment to include initial treatment in a combat environment.

**FOR YOUR HEALTH: Karen Bolhuis MSN, RN, FNP-BC (HM3, USN)**

Novel CoronaVirus Update: Covid-19

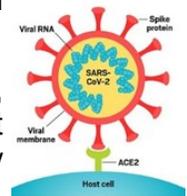
Since the virus was first reported by the Chinese government to the World Health Organization in late December, and spread throughout the world, much research has been done. Here is what we have found so far (although it is still being updated as cases, testing and treatment research continues)

**Exposure:** There are three presumed means of virus transmission.

- Most common is via respiratory droplets coughed or sneezed by someone with the infection
- Much less likely, it may live for a short time on a surface, then transmitted by touch to someone’s eyes, nose or mouth.
- Presumed (insufficient evidence yet) that it may be aerosolized- meaning it can float in the air for a time. Potentially spread when removing PPE or wiping surfaces with a dry wipe that sends it back into the air.

**Incubation:** Range 2-11 days (average is 5 days). The virus lives in the nose and throat, trying to take over cells to cause infection, but it is not as stable in this environment so generally doesn’t get a great foothold. In mild or asymptomatic cases (generally younger, healthier people with great immune systems) this may be as far as it gets, and they may fight it off and develop immunity. While it is here, it can cause some nasal congestion and swelling, as well as possibly loss of sense of smell or taste. However, the theory is that it can still be spread with sneezing (sneezing isn’t generally a symptom of Covid-19, but can be triggered by other factors in the environment like allergies) or potentially talking or breathing. Any means of sharing or releasing active virus is called viral shedding. The more viral shedding, the more contagious a person is.

**Infection:** The virus wants to get to the lungs- this is where it can truly infect cells. Infection means that the virus has injected its RNA into the host lung cell and is using that host cell to create more virus. It kills the host cell in the process, and then all the new virus particles are free to infect other host cells or, eventually, cause a cough to help it spread to other people/ hosts. This is when viral shedding is the highest.



**Day 1-** Symptoms begin. Any symptom may present, mostly mild (fever, cough, shortness of breath, achiness, loss of smell, etc). This means that the virus has started taking over cells and has reproduced and is actively shedding lots of viruses.

Some may have had GI symptoms 1-2 days prior- While the GI tract is not the primary site of infection for this virus, it can enter and try to take over cells, causing inflammation. It is then recognized by the person’s immune system as an invader. The GI immune system might cause nausea or diarrhea as a means to get rid of it.

<b>Common symptoms:</b>		
Fever (88%)	Dry cough (68%)	Fatigue (38%)
<b>Uncommon symptoms:</b>		
Headache (14%)	Loss of smell (15 to 30%)	Nasal congestion (5%)
Sore throat (14%)	Coughing up sputum (33%)	Shortness of breath (19%)
Pain in muscles or joints (15%)	Chills (11%)	Nausea and/or vomiting (5%)
Diarrhea (4 to 30%)		
<b>In severe disease:</b>		
Difficulty waking	Confusion	Bluish face or lips
Coughing up blood	Persistent chest pain	Decreased white blood cells
Kidney failure	High fever	

**PROTECTION: MASKS and GLOVES  
SOCIAL DISTANCING**

**Day 5-** breathing difficulty worsens, esp in older people or those with comorbid conditions. The most severe have developed shortness of breath, pneumonia or ARDS by Day 8

**Day 8-10-** most people with moderate to severe illness will note shortness of breath. Those with mild illness may feel well or almost well. The sickest tend to be admitted to the ICU by day 10

**Recovery-** Based on a variety of factors, many of which we don’t yet know, recovery may take anywhere from a week to a month or possibly longer.

# MCL 183

**PO Box 2739  
St. Louis, MO 63116  
(314) 370-4601**

Monthly Meetings  
Last Tuesday of the month 1900 Hrs  
VFW Post 4223 • 215 Military Rd

**Commandant**

**Honors Commander**

Ed Dodson (314) 604-6254  
eddiedodson@sbcglobal.net

**Senior Vice Commandant**

**Honors Commander**

James Appelbaum (314) 757-5364  
jtappelbaum45@gmail.com

**Junior Vice Commandant**

Steve Michalski (314) 776-1905  
smichalski500@gmail.com

**Paymaster/Adjutant**

Karen Bolhuis  
Karen-rn@sbcglobal.net

**Judge Advocate**

Bob Bradley (315) 886-2316  
rjbsab\_99@yahoo.com

**Chaplain**

Ken Dieckmann (314) 570-8211  
ken\_n\_sharon@sbcglobal.net

**Sergeant At Arms**

Mike Lee (314) 616-3726  
theeditor.mcl183@att.net

**Jr. Past Commandant**

Ken McGuffey (314) 827-7874  
maxftns@live.com

**Scoop Editor**

**Color Guard Commander**

Mike Lee (314) 616-3726  
theeditor.mcl183@att.net or  
mcl183@charter.net

**Advisers**

- Russ Hitzemann (314) 631-6050
- Hal Holmes
- Al Dreeste

**Auxiliary President**

Chris Dreeste (314) 846-7076  
chrisdreeste@gmail.com

**Quartermaster**

Russ Hitzemann (314) 631-6050  
russh727@sbcglobal.net

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**Marine of The Year:**

- |                             |                          |
|-----------------------------|--------------------------|
| <b>2014 Mike Lee</b>        | <b>2015 Bob Jost</b>     |
| <b>2016 Charles Dooling</b> | <b>2017 Bob Scannell</b> |
| <b>2018 Ken Dieckmann</b>   | <b>2019 Al Dreeste</b>   |

## Calendar of Events — 2020

Remainder of the Year .....TBA

## EMAIL and PHONE

We are in the process of updating the Detachment Mailing and Phone List. Please send your phone number, mailing address, and email address to:

Mike Lee (314) 616-3726  
theeditor.mcl183@att.net.

We are now providing updates through our Phone Notification System  
If we don't have your current phone number, you will miss important phone announcements

## Corona Virus COVID-19

As you are aware, the CoronaVirus is still active and all gatherings of 10 or more are not allowed.

Your MCL 183 Staff is aware of this and is watching events closely.

Unless the "Shelter In Place" order is lifted, the 26 May General Meeting is cancelled, If there are any changes to this order, you will be notified through our PhoneTree notification system. Please make sure we have your correct phone number.

**Without your number, we cannot notify you.**